



Free COVID testing for Independent Living residents on **Thursday and Friday (Jan. 7 & 8)**, from **10AM-12PM**, in front of **Resident Services**. Please call 623.847.3084 or 3006 to schedule a time.

For free off campus COVID testing, seven days a week, call 602.212.4981 for an appointment. Located at 43rd Avenue and Bethany Home Road in the old CVS building.

Updated GTV Scheduling

On January 3rd GTV4 programming was updated. The new exercise times are on shown on the back of this publication. For a complete program listing you can view it online at glencroftliving.com/gtv or pick up a paper copy from the Concierge or Corporate Receptionists.

Food Bank

The Glencroft Food Bank is available for all of our Independent Living residents. It is open on the second and fourth Wednesdays in the **Auditorium** from **8-9:30AM**. The next one is scheduled for **January 13th**. You must wear a mask to enter.

Dining Services

Towers Dining, the Bistro and Henry's are now only offering free delivery of meals. There is no dining in at this time. Details are on the back of this publication. Note the new number to call for Henry's Breakfast ONLY: 623.847.4010.

Thrift Shop

The Thrift Shop is closed until further notice and unable to accept any donations at this time.

Face Coverings

Glencroft requires that all employees, residents and visitors wear face covering when on campus. Protect yourself, protect others and protect your community – wear your mask and social distance.

Concierge

The Villa Concierge's window is open **Monday-Friday** from **9AM-4PM**. You may also call 623.847.3058 for assistance.

Check Cashing

Residents who need cash may visit the Corporate Accounting Office and write a check, payable to Glencroft, for up to \$50. (Third party checks are not accepted.) The Accounting Office hours are **Monday-Friday, 8AM-12PM and 1-4PM**. First come, first served.

Walking for Exercise

Get some exercise by walking. The marked campus walking paths are approximately $\frac{3}{4}$ of a mile. Look for the arrows. Please wear a mask and social distance.

Worship Service

The Community of Faith **Sunday Worship Service** is available on GTV4 only at **10AM** on **Sundays**. It is replayed that evening at **5PM** and the following **Saturday** at **5PM**.



Transportation

Independent Living Residents, all shuttle runs except medical and medication runs to Walgreens, are canceled until further notice. Seats are limited to two people. A temperature check and a COVID questionnaire are required before boarding any vehicle.

Tip Top Trivia and Live Bingo

Tune into GTV4 to play **Tip Top Trivia** on **Wednesdays** at **10AM** and **Live Bingo** on **Thursdays** at **10:30AM**. Call the number on the TV screen if you have an answer or get a bingo. If you need a bingo card, call 623.847.3083.

Visitors

At this time visitors are limited to essential workers and medical providers **ONLY**, in the Independent Living areas. These individuals are carefully screened and monitored.

Stay tuned to the **Weekly Briefings**, with new broadcasts on **Monday, Wednesday** and **Friday** at **9:30AM**, and replaying at **1PM** and **6PM**.

DINING SERVICES

Towers, Bistro and Henry's food service will be DELIVERY ONLY until further notice. We appreciate your continued patience and flexibility during this time!

Henry's

1. Orders called in between midnight-9AM will be delivered between 11-11:20AM.
2. Orders called in between 9-10:30AM will be delivered between 12 -12:20PM.
3. Orders called in between 10:30-11:30AM will be delivered between 1-1:20PM.

Breakfast: 7-9AM **(ONLY BREAKFAST) 623.847.4010**

- 2 Scrambled Eggs, O'Brien Potatoes with 2 Bacon strips & Toast
- Oatmeal

Lunch: 10:30AM-1PM **623.847.3111**

- Daily Special
- Deluxe Burger & French Fries
- Chicken Sandwich with Cheddar Cheese & French Fries
- Chicken Caesar & Crackers

Dinner: 4-6PM **623.847.3111**

- Daily Special
- Deluxe Burger with French Fries
- Chicken Sandwich with Cheddar Cheese & French Fries
- Chicken Caesar & Crackers

Towers **623.847.3055**

Breakfast: 7-9AM

Lunch: orders starting at 10AM (11AM-1PM)

- Daily main entrée with a side, dessert and drink from the week at a glance menu.

Dinner: starting at 4PM (4-6PM)

- Daily main entrée with a side, dessert and drink from the week at a glance menu.

Bistro **623.847.3085**

Open Monday - Friday, 7AM-2PM

- Turkey Club Sandwich & French fries
- Chicken Wings or Chicken Tender (choice of sauce) & French Fries
- Chicken Quesadilla with sour cream and salsa on the side
- California Cobb Salad & Crackers

FITNESS

Fit & Fab (GTV4)

Sun & Fri, 7:45AM

Tues, 4PM

Just Dance (GTV4)

Sun & Fri, 4PM

Wed, 7:45AM

Yoga (GTV4)

Tues, 7:45AM

Thurs, 4PM

Zoe Fitness (GTV4)

Mon & Sat, 7:45AM

Wed, 4PM

ZOE Flow (GTV4)

Thurs, 7:45AM

Mon & Sat, 4PM

GAMES

Live Bingo (GTV4)

Thurs, 10AM

Tip Top Trivia (GTV4)

Wed, 10:30AM

SPIRITUAL LIFE

Catholic Service (channel 14)

Sunday, 9AM, St. Simon & Jude broadcast

Community of Faith Worship (GTV 4)

Sunday, 10AM



Glencroft Center for Modern Aging
8611 N. 67th Ave., Glendale, AZ 85302
623.939.9475 • glencroftliving.com

SHOPPING

MARKETPLACE

Groceries and toiletries

Mon, Wed & Fri: 9AM-1PM

QUICK DIAL

Activities: 623.847.3081

Chaplain: 623.847.3115

Community Support Center
(Resident Services): 623.847.3084/3006

Concierge: 623.847.3058

Corporate: 623.939.9475

Glencroft @ Home: 623.203.3084

Henry's: 623.847.3111

Security: 602.768.1659 / 6578

Spiritual Life: 623.847.3066

Towers Dining: 623.847.3055

All listings subject to change