



## S.S. GLENCROFT

Due to previous travel restrictions, it's been a while since any of us have been able to cruise the open seas. Luckily, Cruise Week is here to cure our wanderlust. The week is packed with exciting events, and it all starts on Monday morning with a kick-off that'll get you feeling like you're already out at sea. Get ready for Flamingo Bingo - a tropical twist on your favorite game. The highly anticipated Coastal Karaoke, where you can sing your heart out to your favorite sea-themed tunes. Monday & Tuesday night is the Captain's Dinner, a formal event with exquisite cuisine and elegant dress code.

## HOT NEWS

- Cruise Week
- Meet Anne Reales
- Cinco De Mayo
- Good Samaritan Award
- GCA Shred Day

## PA Keystone Klub Mother's Day

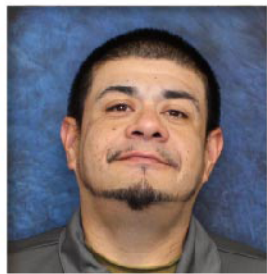
Join the PA Keystone Klub for Keystone 2nd Thursdays at 10am in the Crossings Lounge! Connect with fellow Pennsylvanians and enjoy a fun and competitive game. Don't miss out on the fun and excitement, come and join us today!

Let's take a moment to express gratitude to all the incredible mothers out there. Your unwavering love, sacrifices, and dedication to your families is immeasurable. Thank you for the endless joy and memories you bring to our lives.



# May 2023

## Employees of the Month



**James Torres II**  
Campus

**"Shows how much he cares and enjoys his job. James has assisted my staff many times during emergencies. James always assists with a smile and great communication. I am thankful for the service that he provides to the Glencroft campus."**

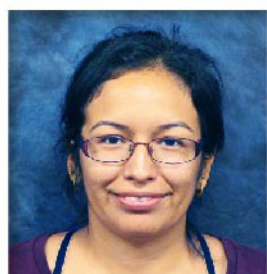
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**Magilin Reeg**  
Assisted Living

**"Maggie is doing a great job at Friendship House. My sister, Julie and I have been very impressed with her attentiveness and her problem solving skills. Maggie has informed us several times of any medical issues with our mom and keeps us updated on her progress. Whenever we've had questions or concerns, she's handled them promptly and professionally."**

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**Sonia Mata**  
Providence Place

**"She is always here and punctual and pleasant. She works so hard and has great communication skills with both staff and residents. She goes above and beyond her call of duty."**

**"She understands the residents. She is nice, keeps my room clean and always helps the residents in any way she can."**



# CAMPUS UPDATES



## CINCO DE MAYO

Get ready to celebrate Cinco de Mayo with some exciting events happening at Glencroft. Join us for Cinco de Mayo Bingo on Friday, May 5th at 6pm in the AUD. This fun-filled evening is completely free, so don't forget to pick up your tickets at the Activities Center. And that's not all - make sure to stop by Henry's for our Cinco de Mayo special. Savor the delicious flavors of crispy beef tacos, refried beans and fiesta rice, and fresas con crema. The meal is priced at just \$8.50 and comes with your choice of non-alcoholic drink. It's sure to be a festive evening filled with good food, great company, and lots of fun!

## MOTHER'S DAY

Henry's is excited to offer a special Mother's Day brunch on Sunday, May 14th, from 10am to 2pm. For just \$12 per person, and \$6 for children under 10 years old, you and your family can enjoy a delicious and filling meal. Henry's will not be open for breakfast and will close at 2pm that day. The menu includes a Mandarin Orange Spring Salad, Lemon Rosemary Roasted Chicken, Garlic Red

Bliss Potatoes, Green Beans, French Toast, Scrambled Eggs, Sausage, Bacon, Biscuits and Country Gravy, and Assorted Cheesecake. Treat your mother to a scrumptious meal that she will surely enjoy at Henry's this Mother's Day.

## GCA MEETING / TOWN HALL

The Glencroft community is invited to attend the GCA meeting on Tuesday, May 2nd at 3pm in the AUD. After the meeting, Mike McCammond will be speaking on important information, replacing the usual Town Hall format. All residents are encouraged to attend and stay informed about the latest happenings in the community. This is a great opportunity to ask questions, voice concerns, and engage with fellow residents. Don't miss out on this chance to stay connected and informed about what's going on at Glencroft.

## RESIDENT QUARTERMANIA

Taking place on Friday, May 12th at 6pm in the AUD, this event is perfect for those looking to have a good time with their friends and neighbors. Make sure to bring your quarters and

come ready to win big! Tickets are available for purchase at the Activities Center, and don't forget to enjoy the Sweet Streak Treat and a surprise door prize. See you there!

#### GCA BIRTHDAYS AND ANN.

Join us for the GCA Birthday & Anniversary Party on Tuesday, May 30th at 2:30pm in the Towers Dining Room. Enjoy live entertainment, cupcakes, and coffee as we celebrate those with birthdays and anniversaries this month. Everyone is welcome to attend, so come and celebrate with us!



#### PAINTING CLASSES

Discover your creative side with our May painting classes! Our watercolor classes will be held on Friday, May 5th and May 19th at 10am in the Activities Center. The first class will be painting an arch while the second class will focus on bird and flower painting. Best of all, both classes are free and include all materials needed. Don't miss out on this opportunity to learn new techniques and explore the beauty of watercolor painting!

For those who prefer acrylics, we also have Painting with Edell classes on Monday, May 8th and May 15th at 10am in the Activities Center. Each class is free, but limited to 16 people. Sign up in the Activities Center as soon as possible to reserve your spot. Painting with Edell is the perfect chance to express your creativity and spend time with fellow artists in a relaxed and supportive environment.

Whether you're a beginner or an experienced painter, our May painting classes offer something for everyone. Come join us and unlock your inner artist!

#### GCA SHRED DAY

The GCA/Glencroft Shred Day was a huge success, resulting in an estimated **2,000 lbs. of paper being collected**. Residents were given clear instructions to bring their material to the trucks parked in front of Resident Services. For those who needed assistance, Glencroft employees kindly offered to pick up their material. *Special thanks to Scott Erlacher and his crew for their hard work and dedication.*

Transporting all the donated material was no small feat - three pickups were required. John Lovett, Jerry Martin, and John Smith generously provided transportation, making it possible for the material to be delivered to ASDD Document Destruction in Tempe at no cost.

It's worth noting that if the GCA had contracted for a truck to come to Glencroft for on-site

shredding, the cost would have ranged between \$580 and \$853. If off-site shredding had been contracted instead, the cost would have been \$350.

ASDD Document Destruction is a social enterprise of TCH - The Centers for Habilitation, a local Arizona 501(c)(3) non-profit that has been operating since 1967. They are dedicated to providing support and opportunities to people with physical and developmental disabilities.

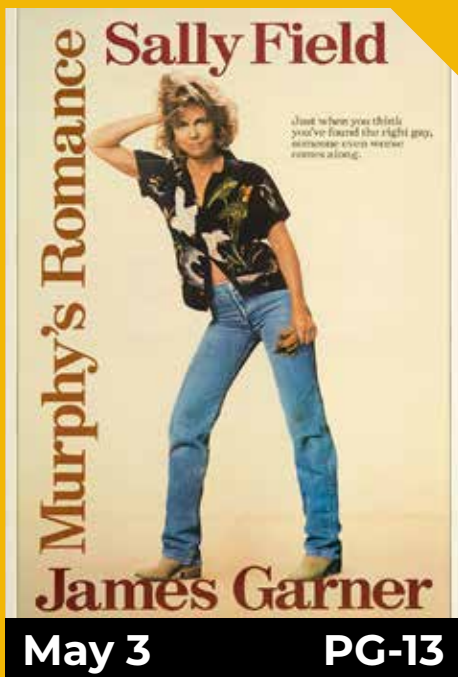
A suggestion was made to donate \$150 to this worthy organization, which will be used to purchase an Engraved Brick for their sensory garden. This suggestion will be addressed at the upcoming May GCA Community meeting.

#### SCAM PREVENTION

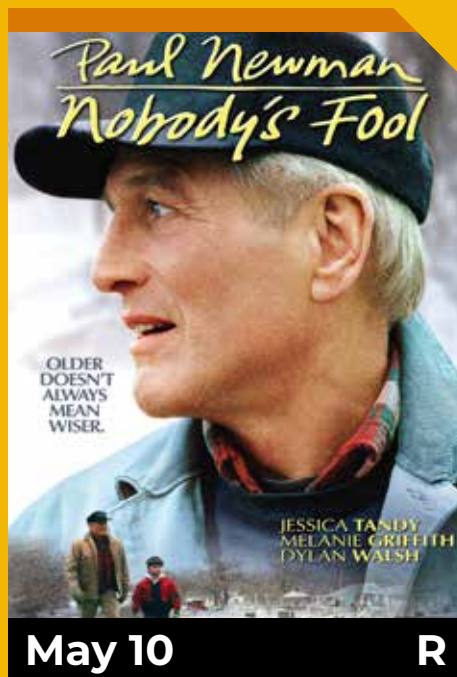
It's important to stay vigilant against scams. Remember that scammers will try to lure you with offers that seem too good to be true, such as winning a prize or a free vacation. They may also use scare tactics to pressure you into giving them money or personal information.

Always be wary of unsolicited phone calls, emails, or text messages, and never give out your personal or financial information to someone you don't know or trust. If you are unsure about a call or message, hang up or delete it and contact a trusted family member or financial institution for advice.

Stay safe and protect yourself from scams.



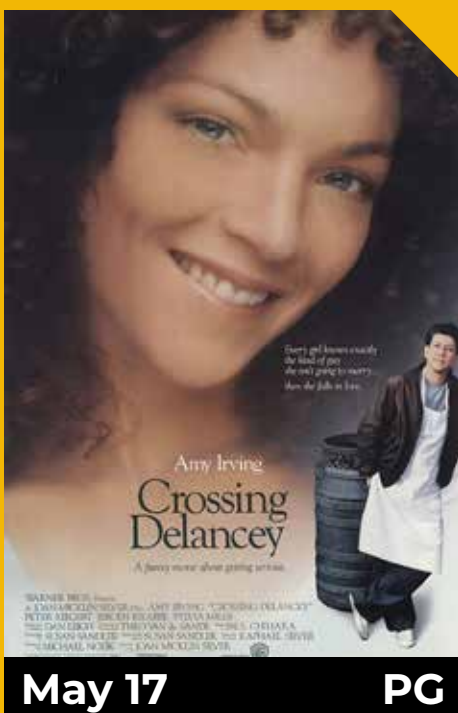
A woman and her son move to a small town and start working on a horse ranch where she develops a relationship with a divorced older man.



A man returns to his small hometown and tries to reconcile with his estranged father while dealing with his own personal problems.

# WED NIGHT MOVIES

**6PM - AUDITORIUM**



A woman in search of love and marriage is encouraged by her grandmother to date a man from a traditional Jewish matchmaker, but falls for someone else instead.



A wealthy and arrogant woman falls off her yacht and gets amnesia, leading a carpenter to convince her that they're married and making her take care of his house and children.



Devotion is a war drama film based on true events, following two U.S. Navy pilots as they overcome personal struggles and fight in the Korean War, showcasing the bonds of brotherhood and sacrifice.



# ACTIVITIES

THESE ACTIVITIES SPAN THE MONTH. IF NO DATE IS SPECIFIED, THE EVENT RECURS WEEKLY

## MONDAY

### **Tulip Patch Hours**

9:30am - 12:30pm

### **Marketplace Hours**

9am - 1pm

\* **Painting w/ Edell**

8th & 15th, 10am, AC

### **CRUISE WEEK KICK OFF**

22nd, 9am, AUD

### **Coastal Karaoke**

22nd, 2-3pm, CC

\* **Captain's Dinner**

22nd, 5pm, AUD

## TUESDAY

### **Tulip Patch Hours**

12:30am - 3:30pm

### **Thrift Store Hours**

9am - 3pm

**GCA Meeting & Town Hall**

2nd, 3pm, AUD/GTV4

### **GCA Birthdays & Ann.**

30th, 2:30pm, TDR

\* **Dinner Club**

16th, Claim Jumper

### **Tie Dye Class**

23rd, 10am, AC

### **Flamingo Bingo**

23rd, 1pm, AUD

\* **Captain's Dinner**

23rd, 5pm, AUD

## WEDNESDAY

### **Tulip Patch Hours**

9:30am - 12:30pm

### **Marketplace Hours**

9am - 1pm

### **Wed. Night Movie**

6pm, AUD

### **Casino Night**

24th, 2-4pm, AUD

## THURSDAY

### **Tulip Patch Hours**

9:30am - 3:30pm

### **Thrift Store Hours**

9am - 3pm

### **Boat Trip**

25th, 8am, Saguaro Lake

### **Matinee Movie**

25th, 2pm, AUD

## FRIDAY

### **Marketplace Hours**

9am - 1pm

### **Ascent Audiology**

1pm - 5pm, UR

### **Wheelchair Workouts**

1pm, PC

### **Live Entertainment**

6pm, AUD

\* **Watercolor Class \$10**

5th & 19th, 10am, AC

### **Coastal Karaoke**

26th, 2-3pm, CC

### **Luau / Cruise Week Finale**

26th, 5-7pm, CC

## SATURDAY

### **Tulip Patch Hours**

11am - 2pm

### **Saturday Bingo**

1:30pm, AC

## SUNDAY

### **COF Sunday Service**

10am, AUD/GTV4

### **Catholic Group**

9am, AC

### **Mother's Day Brunch**

14th, 10am-2pm, Henry's

\* Seats are limited. Please check with Activities Center about registering.

## FITNESS

### Assisted & SIP Swimming

Tues, 11AM, IP

### Arthritic Women's Water Exercise

Mon/Wed/Fri, 1PM, IP

### Balance Class

M-F, 2:30PM, PC

### Chair Exercise Classes

Mon/Fri, 10AM, UR

### Exercise with Elaine

Mon/Wed/Fri, 8AM, IP

### Guided Walkin' Workout

Tues/Thurs 8:30am AMP

### Strength Class

M-F, 2PM, PC

### Swimming Pool

Sun - Sat, 6AM-8PM, IP

### Women & Men's Water Exercise

Mon-Fri, 8-9AM, IP

### Wheelchair Workouts

Fri, 1PM, PC

### ZoeLife Drums

Wed, 9AM UR

## GAMES

### Bridge

Tues, 2PM, CL

### Bunco

Mon, 1:00 PM, AC

### Carpetball

Sat, 10AM, AC

### Dominoes

Tues 5PM, CL

### Five Crowns

Wed, 1PM, AC

### Hand & Foot

Tues & Fri, 1PM, AC

### Mah-Jongg

Mon, 9AM, CC

### Ping Pong

Sat, 8AM-12PM, MC

### Wii Bowling

Sat, 8-10AM, CL

## GROUPS

### Bonnie Martin's Drum Class

Tues, 10:30AM UR

### Ceramics

Wed, 9AM-11PM, CR  
2<sup>nd</sup> Thurs, 1PM-3PM, CR

### Evan Oswald's Writing Group

Fri, 10AM, CL

### Friends of Bill W

Thur 3PM, Quilt Studio

### Glencroft Singers

Mon, 2:50PM, AUD

### Glencroft Quilters

Thurs, 12-3PM, QS

### Movie Selection Group

3<sup>rd</sup> Wed, 2:30PM, CCL

### Needle Crafters

Fri, 1PM, CL

### PA Keystone Klub

2nd Thur, 10am CL

### Saturday Bingo

1st & 3rd Sat, 1:30pm, AC

### Veterans Group

Wed, 9:30AM, CL

### Wood Carvers

Fri, 8:30-10:30AM, AC

## SPIRITUAL LIFE

### 2<sup>nd</sup> Sunday

Monthly (Oct-April, not Dec)

2<sup>nd</sup> Sun, 5PM, AUD & GTV4

### Catholic Mass - Sun, 9AM, TDR

### Villa Study & Worship

Thurs, 10AM, VILLA DINING

### Bible Study - Mon, 10AM, TDR

### Community of Faith Worship

Sun, 10-11AM, AUD & GTV4

## SHOPPING

### CERAMICS

Daily: 843.697.7044 • Villas case

### GCA MARKETPLACE

Mon, Wed, Fri, 9AM-1PM

### THRIFT SHOP 9AM-3PM Tue/Thur

### TULIP PATCH Providence Place

## DINING

### FAST FORWARD 623.847.3085

Monday-Friday

Breakfast: 7:30AM-9AM

Lunch: 10:30AM-2PM

### HENRY'S

623.847.3111

Monday-Sunday

Breakfast 7AM-10AM,

Lunch/Dinner 11AM-6PM

### COPPER CLUB

623.847.3111

Breakfast: 8-10AM

Lunch: 11AM-6PM

### TOWERS

623.847.3055

Breakfast: 7-9AM

Lunch: 11AM-1PM,

Dinner: 4:30-6PM

## LEGEND

AC Activities Center

AUD Auditorium

AMP Towers Amphitheater

CC Copper Club

CL Crossing Lounge

CSC Community Support Center

CR Crossings Craft Room

GTV4 Channel 4

HP Henry's Patio (indoors)

IP Indoor Pool

LIB Marie Kaufman Library

MC Movement Center

PC Performance Center

QS Quilt Studio

T2SL Towers 2nd Floor South Lobby

TDR Towers Dining Room

TA Towers Amphitheater

UR University Room

WC Performance Center

## QUICK DIAL

Accounting 623.847.3065

Activities 623.847.3081

Chaplain 623.847.3115

CSC 623.847.3084 / 3006

Concierge 623.847.3038

Corporate 623.939.9475

Americare 623.203.3084

IT Help Desk 623.847.3155

Performance Center 623.930.5697

Security 602.768.1659 / 6578

Spiritual Life 623.847.3066

# FRIDAY NIGHT EVENTS

## AUDITORIUM



Get ready to celebrate Cinco de Mayo in style with a fun game of Bingo! Join us on Friday, May 5th at 6pm in the Auditorium for an evening of exciting games and prizes. The best part? It's free! Just grab your tickets from the Activities Center and bring your luck with you. Our Auditorium will be transformed into a colorful and festive atmosphere, perfect for enjoying the holiday with friends and neighbors. Don't miss out on this chance to have a great time and potentially win big at Cinco de Mayo Bingo.



Taking place on Friday, May 12th at 6pm in the AUD, this event is perfect for those looking to have a good time with their friends and neighbors. Make sure to bring your quarters and come ready to win big! Tickets are available for purchase at the Activities Center, and don't forget to enjoy the Sweet Streak Treat and a surprise door prize. See you there!



The Glencroft Singers are a super talented choir made up of current and former Glencroft residents. They're putting on a sick show this Friday night on campus, belting out some classic tunes from the musical "Homeward Bound". Don't miss out, it's gonna be unforgettable!



Red Rock Crossing is fast becoming known for their "off-the-hook" harmonies and unique song arrangements. While bluegrass is at their roots, you can catch them singing just about anything including standards like All Shook Up, Big Yellow Taxi, Folsom Prison Blues and Over the Rainbow.



# GOING ZOE

When asked about her experience with Zoelife, Shelby said, "It's been life-changing. Before I started the program, I was feeling a bit down and sluggish. But now, I feel more energetic and alive than ever before."

One of the key components of the Zoelife program is exercise. Shelby explained that she had never been a big fan of exercise before, but the program has made it more enjoyable for her.

**"I love the exercise classes here at Glencroft. They're fun and challenging, but not too hard."**

Another aspect of the program that Shelby has found helpful is the focus on healthy eating. "I used to eat a lot of junk food



*Shelby Addington during her interview on ZoeTV*

and not really pay attention to what I was putting in my body. But Zoelife has taught me the importance of eating nutritious food and how it can help me feel better."

In addition to exercise and healthy eating, the Zoelife program also includes opportunities for socialization and personal growth. Shelby has found these components to be just as important as the physical ones. "I love meeting new people and trying new things. It keeps life interesting and exciting."

Shelby's positive experience with Zoelife has inspired her to share it with others. "I tell everyone I know about the program. It's made such a difference in my life, and I want others to experience the same benefits."

Overall, Shelby's story is a testament to the power of programs like Zoelife in helping seniors live their best lives. By focusing on physical health, nutrition, socialization, and personal growth, seniors like Shelby can improve their quality of life and continue to thrive well into their golden years.

# HAVE YOU MET?



## **ANN REALES**

If you're looking to learn more about the person behind Henry's, meet Henry's General Manager. Originally from the Philippines, she moved to Arizona in 2010 and has been an essential part of Glencroft since May 2021. She believes that Glencroft is more than just a place to work; it's a family of residents and staff members who care for each other.

In her free time, she loves to walk, shop, and eat. You can often find her around campus or at Henry's, her favorite spot. She's also a dog lover and has five furry friends, including a Golden

Retriever/Spaniel mix named Taquito and a wire-haired Chihuahua named Bruno. Her pets are an important part of her life, and she considers them part of her family.

She found her way to Glencroft during the COVID pandemic, reaching out to the director when she was furloughed from her previous job. Although there weren't any job openings at the time of asking, she later became Assistant Manager for Towers and found that Glencroft was the right fit for her. She became part of the Glencroft family and is now the Henry's General Manager. Glencroft is lucky to have her, as she embodies the values of the community and takes pride in providing residents with the best experience possible.

## **KAY HIIGEL**

Kay Hiigel, a resident of Glencroft, has been an essential part of the Tell Tillie, the community's newsletter, since its inception in 2018. Hiigel is an avid writer, listener of music, and singer. Her passion for writing led her to attend the writer's group meetings and offer her editing skills to the Tell Tillie. When the previous manager, Gordon Ross, left Glencroft, she willingly took over.

Glencroft's tight-knit community heavily relies on its residents to contribute to the newsletter, sharing their stories and opinions. Leah Johnson is set to take over the Tell Tillie, and residents are encouraged to send their stories to her. Hiigel will be moving to Denver, Colorado, along with her daughter and grandson, in June 2023.



Hiigel first learned about Glencroft when her daughter's pastor, Joel Eidsness, was hired there. She found herself attending the writer's group meetings and was quickly drawn to the Tell Tillie. Gordon Ross's vision for a newsletter for the residents, by the residents, resonated with her, and she has been an integral part of the publication ever since. She later became Assistant Manager for Towers and found that Glencroft was the right fit for her. She became part of the Glencroft family and is now the Henry's General Manager. Glencroft is fortunate to have her as she represents the values of the community and is committed to delivering the best possible experience for residents.

# GOOD SAMARITAN AWARD

The Good Samaritan Award is an award given annually to a member of the Community of Faith at Glencroft who best exemplifies the Good Samaritan spirit on our campus. The criteria for this award is as follows:

This award is presented annually to a member of the Community of Faith at Glencroft who exhibits a humble Christlike spirit; reflects a compassionate heart for others; and models a life of service both to our members and to the residents of Glencroft.

This year's recipient is Lois Ogan. Here's a brief description of Lois's service to Christ, to the Community of Faith and to the residents of Glencroft.

Lois was an initial member of our Community of Faith Leadership Team and she continues to serve in that role today. She has been a member of our Mission's Committee since its inception and when her hubby, Jim, passed away, she graciously consented to chair that team. Lois has been an Alpha table leader and a Women's Bible Study group leader. In the past couple of months, she has spent an afternoon each week reading the Women's Bible Study lesson to women who, because of limited vision, can no longer read it for themselves. This has given her opportunity to clarify truths from each week's lesson, answer all kinds of questions about the Bible and help make God's Word both understandable and applicable to their lives. But what we admire most about Lois is her ability to come alongside women on our campus—befriend them, listen to their joys and hurts, and, then, be for them a comforter, friend and encourager par-excellent.





# SUPER 5



**GOLD RUSH DAYS**

MARCH 27-31

The banner features a cowboy on a horse, a cactus, gold coins, and a circular logo with the text 'GOLD RUSH DAYS'.



**CRUISE WEEK**

MAY 22-26

The banner features a hand holding a passport, a camera, a wave, and a pair of sunglasses.



**GAME SHOW WEEK**

JULY 17-21

The banner features a woman in a yellow dress, a game show wheel, and various colorful flowers.



**Castaway Cove**

SEPT. 18-22

The banner features a treasure chest, a parrot, barrels, and an octopus.



**Winterfest**

NOV 27-  
DEC 1

The banner features a reindeer, a snowman, a winter house, and snowflakes.