

Glencroft Center for Modern Aging
Towers 2023 Menu
Regular
Week 2

Sunday Dec-03	Monday Dec-04	Tuesday Dec-05	Wednesday Dec-06	Thursday Dec-07	Friday Dec-08	Saturday Dec-09
Breakfast						
Hot Cereal Peaches French Toast Sausage Patty Choice of Milk Choice of Coffee/Tea Juice	Hot Cereal Tropical Fruit Cup Waffle w/ Syrup Bacon Choice of Milk Choice of Coffee/Tea Juice	Hot Cereal Mandarin Orange Vegetable Cheese Frittata Toasted English Muffin Choice of Milk Choice of Coffee/Tea Juice	Hot Cereal Pineapple Tidbits Cheese Omelet Cube Seasoned Hash Browns Toast Choice of Milk Choice of Coffee/Tea Juice	Hot Cereal Fruit Cocktail Buttermilk Pancakes Canadian Bacon Choice of Milk Choice of Coffee/Tea Juice	Hot Cereal Cinnamon Applesauce Scrambled Eggs Biscuits and Sausage Gravy Choice of Milk Choice of Coffee/Tea Juice	Hot Cereal Fresh Banana Hard Boiled Egg Bacon Bagel with Cream Cheese Choice of Milk Choice of Coffee/Tea Juice
Choice of Cold Cereal	Choice of Cold Cereal	Choice of Cold Cereal	Choice of Cold Cereal	Choice of Cold Cereal	Choice of Cold Cereal	Choice of Cold Cereal
Lunch						
Chicken Noodle Soup Caesar Salad Roasted Chicken Leg Scalloped Potatoes Brussels Sprouts Dinner Roll Peach Crunch Assorted Beverages	Beef Mexican Soup Garden Pasta Salad Beef Enchilada Casserole Pinto Beans Fire Roasted Confetti Corn Apple Pie Assorted Beverages	Roasted Cauliflower Soup House Salad Roast Pork Loin Baked Sweet Potato Roasted Zucchini Dinner Roll Cherry Chocolate Bar Assorted Beverages	Italian Wedding Soup Creamy Cole Slaw Lemon Baked Fish Garlic Buttered Red Potatoes Capri Blend Vegetable Hawaiian Cake Assorted Beverages	Split Pea with Ham Soup Ambrosia Open Face Roast Beef Sandwich w/ Gravy Mashed Potatoes Dilled Carrots Chocolate Brownie Assorted Beverages	Vegetable Soup Tomato Cucumber Salad Chicken Tenders Fries Hushpuppies Blueberry Crisp Assorted Beverages	Broccoli Cheddar Soup Lemon Carrot Dill Salad Braised Beef Tips White Rice Steamed Corn Dinner Roll Chocolate Chip Cookie Assorted Beverages
Dinner						
Chicken Noodle Soup Fish Sandwich with Cheese Garnish - Tartar Sauce Lettuce/Tomato Slice Tater Tots Pickle Spear Ice Cream Assorted Beverages	Beef Mexican Soup Creamy Chicken Pasta California Blend Vegetable Dinner Roll Blondies Assorted Beverages	Roasted Cauliflower Soup Hard Shell Beef Tacos Refried Beans Spanish Rice Oatmeal Raisin Cookie Assorted Beverages	Italian Wedding Soup Chicken Teriyaki White Rice Asian Blend Vegetable Garnish- Fortune Cookie Citrus Gelatin Assorted Beverages	Split Pea w/ Ham Soup Loaded Baked Potato with Beef Bean Chili & Cheese Garnish- Sour Cream Coconut Cream Pie Assorted Beverages	Vegetable Soup Bacon, Turkey & Ham Club Sandwich Assorted Chips Pickle Spear Peach Cobbler Assorted Beverages	Broccoli Cheddar Soup Cheese Ravioli with Marinara Italian Green Beans Garlic Bread Rainbow Sherbet Assorted Beverages