

Glencroft Center for Modern Aging

Towers 2025 Menu

Regular

Week 4

Sunday Aug-03	Monday Aug-04	Tuesday Aug-05	Wednesday Aug-06	Thursday Aug-07	Friday Aug-08	Saturday Aug-09
Breakfast						
Hot Cereal Peaches French Toast Sausage Patty Milk Coffee/Tea Juice	Hot Cereal Applesauce Waffle Bacon Milk Coffee/Tea Juice	Hot Cereal Mandarin Orange Vegetable Cheese Frittata English Muffin Milk Coffee/Tea Juice	Hot Cereal Pineapple Tidbits Cheese Omelet Cube Seasoned Hash Browns Toast Milk Coffee/Tea Juice	Hot Cereal Fruit Cocktail Buttermilk Pancakes Turkey Sausage Links Dipping- Maple Syrup Milk Coffee/Tea Juice	Hot Cereal Tropical Fruit Cup Scrambled Eggs Biscuit Country Gravy Milk Coffee/Tea Juice	Hot Cereal Sliced Banana Cheesy Scrambled Eggs Bacon Bagel with Cream Cheese Milk Coffee/Tea Juice
Choice of Cold Cereal	Choice of Cold Cereal	Choice of Cold Cereal	Choice of Cold Cereal	Choice of Cold Cereal	Choice of Cold Cereal	Choice of Cold Cereal
Lunch						
Split Pea Soup Creamy Cole Slaw Country Fried Steak Mashed Potatoes with Gravy Mixed Blend Vegetable Dinner Roll Carrot Cake Assorted Beverages	Tomato Soup Italian Pasta Salad Meatloaf Garlic Mashed Potatoes Brussels Sprouts Dinner Roll Frosted Chocolate Cake Assorted Beverages	Hearty Beef Vegetable Soup Caesar Salad Lasagna Squash Garlic Bread Apple Pie Assorted Beverages	Corn Chowder Tomato Cucumber Salad Pork Loin Macaroni & Cheese Seasoned Green Beans Cherry Cobbler Assorted Beverages	Cream of Mushroom Soup Three Bean Salad Rosemary Roasted Chicken Red Potatoes Roasted Carrots Strawberry Mousse Assorted Beverages	Black Bean Soup Creamy Macaroni Salad Cheeseburger Lettuce/Tomato/Onion Baked Beans Watermelon Wedge Assorted Beverages	Cream of Potato Soup Waldorf Salad Country Ham Au Gratin Potatoes Roasted Zucchini Peach Pie Assorted Beverages
Dinner						
Split Pea Soup Philly Cheese Steak Sandwich Sweet Potato Fries Pickle Spear Assorted Cookie Assorted Beverages	Tomato Soup Vanilla Pudding Chicken Tenders French Fries Pickle Spear Assorted Beverages	Hearty Beef Vegetable Soup Chicken Jambalaya Seasoned Chef Vegetables Dinner Roll Chocolate PB Parfait Assorted Beverages	Corn Chowder Grilled Turkey & Swiss Sandwich Assorted Chips Pickle Spear Rainbow Sherbet Assorted Beverages	Cream of Mushroom Soup Pork Stir Fry Garlic Rice Asian Blend Vegetable Garnish- Fortune Cookie Chocolate Brownie Assorted Beverages	Black Bean Soup Pasta Primavera with Chicken Chef Blend Vegetables Garlic Bread Banana Cake Assorted Beverages	Cream of Potato Soup Beef Hot Dog Diced Onion, Ketchup, Mustard French Fries Pickle Spear Ice Cream Assorted Beverages