

Glencroft Center for Modern Aging

Towers 2025 Menu

Regular

Week 3

Sunday Aug-31	Monday Sep-01	Tuesday Sep-02	Wednesday Sep-03	Thursday Sep-04	Friday Sep-05	Saturday Sep-06
Breakfast						
Hot Cereal Fruit Cocktail Scrambled Eggs Assorted Pastry Milk Coffee/Tea Juice	Hot Cereal Orange Wedges Cinnamon French Toast Sausage Patty Milk Coffee/Tea Juice	Hot Cereal Peaches Southwestern Egg Casserole Bacon Toast Milk Coffee/Tea Juice	Hot Cereal Tropical Fruit Cup Scrambled Eggs Sausage Gravy Over Biscuit Milk Coffee/Tea Juice	Hot Cereal Pineapple Tidbits Scrambled Eggs Sausage Links English Muffin Milk Coffee/Tea Juice	Hot Cereal Scalloped Apples Buttermilk Pancakes Turkey Sausage Links Milk Coffee/Tea Juice	Hot Cereal Sliced Banana Cheesy Scrambled Eggs Bacon Muffin Milk Coffee/Tea Juice
Choice of Cold Cereal	Choice of Cold Cereal	Choice of Cold Cereal	Choice of Cold Cereal	Choice of Cold Cereal	Choice of Cold Cereal	Choice of Cold Cereal
Lunch						
Cream of Mushroom Soup Red Beet Salad Country Ham Mashed Potatoes California Blend Vegetable Dinner Roll Assorted Pie Assorted Beverages	Chicken & Dumplings Creamy Macaroni Salad BBQ Pork on Bun Baked Beans Steamed Corn Ice Cream Assorted Beverages	Hearty Potato Ham Chowder Ambrosia Spaghetti with Meatballs and Marinara Chef Blend Vegetables Garlic Bread Apple Cobbler Assorted Beverages	Cheeseburger Soup Spinach Salad Honey Lemon Chicken Scalloped Potatoes Chef Blend Vegetables Dinner Roll Glazed Orange Cake Assorted Beverages	Cream of Vegetable Soup Three Bean Salad Green Chili Beef Burrito Pinto Beans Shreaded Lettuce & Tomato Salsa and Sour Cream Chocolate Cream Pie Assorted Beverages	Broccoli Cheddar Soup Caesar Salad Beer Battered Fish Sweet Potato Fries Mixed Blend Vegetable Sugar Cookie Assorted Beverages	Chicken & Rice Soup Sweet Cucumber Salad Salisbury Steak Mashed Potatoes Brown Gravy Seasoned Green Beans Dinner Roll Cherry Crunch Assorted Beverages
Dinner						
Cream of Mushroom Soup Nachos Supreme Refied Beans Chocolate Pudding Assorted Beverages	Chicken & Dumplings Macaroni & Cheese with Bacon and Ham Mixed Blend Vegetable Dinner Roll Citrus Gelatin Assorted Beverages	Hearty Potato Ham Chowder Shreded Chicken Tacos Garnish- Sour Cream Refried Beans Petizer Corn Vanilla Pudding Assorted Beverages	Cheeseburger Soup Pork Chop Suey Herbed Rice Sugar Snap Peas Garnish- Fortune Cookie White Chocolate Cookie Assorted Beverages	Cream of Vegetable Soup Grilled Turkey & Swiss Sandwich Dijon Mustard & Mayo Assorted Chips Pickle Spear Banana Parfait Assorted Beverages	Broccoli Cheddar Soup Beef Hot Dog French Fries Frosted Chocolate Cake Assorted Beverages	Chicken & Rice Soup Loaded Baked Potato with Chili con Carne with Bean Garlic Bread Coconut Cream Pie Assorted Beverages