

Glencroft Center for Modern Aging
Towers 2025 Menu
Regular
Week 4

Sunday Nov-16	Monday Nov-17	Tuesday Nov-18	Wednesday Nov-19	Thursday Nov-20	Friday Nov-21	Saturday Nov-22
Breakfast						
Hot Cereal Peaches French Toast Sausage Patty Milk Coffee/Tea Juice	Hot Cereal Applesauce Waffle Bacon Milk Coffee/Tea Juice	Hot Cereal Mandarin Orange Vegetable Cheese Frittata English Muffin Milk Coffee/Tea Juice	Hot Cereal Pineapple Tidbits Cheese Omelet Cube Seasoned Hash Browns Toast Milk Coffee/Tea Juice	Hot Cereal Fruit Cocktail Buttermilk Pancakes Turkey Sausage Links Dipping- Maple Syrup Milk Coffee/Tea Juice	Hot Cereal Tropical Fruit Cup Scrambled Eggs Biscuit Country Gravy Milk Coffee/Tea Juice	Hot Cereal Sliced Banana Cheesy Scrambled Eggs Bacon Bagel with Cream Cheese Milk Coffee/Tea Juice
Choice of Cold Cereal	Choice of Cold Cereal	Choice of Cold Cereal	Choice of Cold Cereal	Choice of Cold Cereal	Choice of Cold Cereal	Choice of Cold Cereal
Lunch						
Split Pea Soup Red & White Cole Slaw Country Fried Steak Mashed Potatoes & Gravy Mixed Blend Vegetable Dinner Roll Carrot Cake Assorted Beverages	Tomato Soup House Salad Meatloaf Baked Sweet Potato Cinnamon Honey Butter Brussels Sprouts Dinner Roll Strawberry Mousse Assorted Beverages	Hearty Beef Vegetable Soup Caesar Salad Lasagna Squash Garlic Bread Knots Frosted Chocolate Cake Assorted Beverages	Corn Chowder Tomato Cucumber Salad Pork Loin Macaroni & Cheese Seasoned Green Beans Cherry Cobbler Assorted Beverages	Cream of Mushroom Soup Three Bean Salad Rosemary Roasted Chicken Red Potatoes Roasted Carrots Vanilla Pudding Assorted Beverages	Black Bean Soup Creamy Macaroni Salad Lemon Baked Fish Long Grain & Wild Rice California Blend Vegetable Pineapple Cake Assorted Beverages	Cream of Potato Soup Waldorf Salad Country Ham Au Gratin Potatoes Roasted Zucchini Apple Pie Assorted Beverages
Dinner						
Split Pea Soup Italian Hoagie Sandwich Italian Pasta Salad Garnish- Gerkin Pickles Assorted Cookie Assorted Beverages Potato Chips	Hushpuppies Tomato Soup Chicken Tenders Sidewinder Fries Dipping Sauce - Ranch Apple Strudel Sticks Assorted Beverages	Hearty Beef Vegetable Soup Chicken Jambalaya Seasoned Chef Vegetables Chocolate PB Parfait Assorted Beverages	Corn Chowder Gr. Turkey Swiss Sandwich Peas and Cheese Salad Pickle Spear Rainbow Sherbet Assorted Beverages	Cream of Mushroom Soup Pork Stir Fry Garlic Rice Asian Blend Vegetable Garnish- Fortune Cookie Chocolate Brownie Assorted Beverages	Black Bean Soup Beef Goulash Chef Blend Vegetables Dinner Roll Banana Cake Assorted Beverages	Cream of Potato Soup BBQ Pork Riblet Sandwich Slice Pickles & Red Onion Sweet Potato Fries Creamy Cole Slaw Ice Cream Assorted Beverages