

Glencroft Center for Modern Aging
Towers 2025 Menu
Regular
Week 5

Sunday Nov-23	Monday Nov-24	Tuesday Nov-25	Wednesday Nov-26	Thursday Nov-27	Friday Nov-28	Saturday Nov-29
Breakfast						
Hot Cereal Fruit Cocktail Scrambled Eggs Assorted Pastry Milk Coffee/Tea Juice	Hot Cereal Orange Wedges French Toast Sausage Patty Milk Coffee/Tea Juice	Hot Cereal Peaches Cheesy Scrambled Eggs Bacon Toast Milk Coffee/Tea Juice	Hot Cereal Scalloped Apples Canadian Bacon Croissant Sandwich Seasoned Potatoes Cubes Milk Coffee/Tea Juice	Hot Cereal Pineapple Southwestern Egg Casserole English Muffin Milk Coffee/Tea Juice	Hot Cereal Cinnamon Applesauce Buttermilk Pancakes Sausage Links Milk Coffee/Tea Juice	Hot Cereal Sliced Banana Cheesy Scrambled Eggs Bacon Assorted Muffins Milk Coffee/Tea Juice
Choice of Cold Cereal	Choice of Cold Cereal	Choice of Cold Cereal	Choice of Cold Cereal	Choice of Cold Cereal	Choice of Cold Cereal	Choice of Cold Cereal
Lunch						
Broccoli Cheddar Soup Three Bean Salad Honey Mustard Pork Chop White Rice Capri Blend Vegetable Dinner Roll Citrus Gelatin with Whip Assorted Beverages	Tomato Soup Cucumber Salad Spaghetti with Meat Sauce Chef Blend Vegetables Garlic Bread Banana Cream Pie Assorted Beverages	Vegetable Soup Spinach Salad Beef Stew Cornbread Chocolate Cream Pie Assorted Beverages	Corn Chowder Red Beet Salad Country Ham Baked Sweet Potato Brussels Sprouts Apple Cobbler Assorted Beverages	Butternut Squash Soup Cranberry Spinach Salad Roasted Turkey Mashed Potatoes Cornbread Stuffing Seasoned Green Beans Dinner Roll Pumpkin Pie Assorted Beverages	Tortilla Soup House Salad Baked Fish Baked Potato Seasoned Broccoli Strawberry Rhubarb Pie Assorted Beverages	Pasta e Fagioli Soup Caesar Salad Meatball Submarine French Fries Chocolate Chip Banana Cake Assorted Beverages
Dinner						
Broccoli Cheddar Soup Tuna Melt Tater Tots Pickle Spear Rainbow Sherbet Assorted Beverages	Tomato Soup Ham & Potato Casserole Monte Carlo Blend Vegetables Dinner Roll Lemon Cake Assorted Beverages	Vegetable Soup Chicken Tacos Salsa and Sour Cream Spanish Rice Refried Beans Cinnamon Churro Assorted Beverages	Corn Chowder Sweet & Sour Chicken White Rice Asian Blend Vegetable Garnish- Fortune Cookie Pineapple Cream Pudding Assorted Beverages	Beef Noodle Soup Beef Tomato Macaroni Island Mix Vegetable Blend Small Croissant Citrus Gelatin Assorted Beverages	Tortilla Soup Chicken Bacon Wrap Dipping Sauce - Ranch Assorted Chips Sugar Cookie Assorted Beverages	Pasta e Fagioli Soup Crab Cakes Rice Pilaf California Blend Vegetable Dinner Roll Ice Cream Assorted Beverages