

**Glencroft Center for Modern Aging**

**Towers 2025 Menu**

**Regular**

**Week 1**

| <b>Sunday</b><br>Jan-04   | <b>Monday</b><br>Jan-05  | <b>Tuesday</b><br>Jan-06  | <b>Wednesday</b><br>Jan-07  | <b>Thursday</b><br>Jan-08  | <b>Friday</b><br>Jan-09   | <b>Saturday</b><br>Jan-10  |
|---|--|---|---|--|---|--|
| <b>Breakfast</b>  |  |   |   |  |   |  |
| Hot Cereal<br>Fruit Cocktail<br>Assorted Pastry<br>Scrambled Eggs<br>Milk<br>Coffee/Tea<br>Juice  | Hot Cereal<br>Mandarin Orange<br>Baked French Toast<br>Turkey Sausage Links<br>Milk<br>Coffee/Tea<br>Juice                                   | Hot Cereal<br>Peaches<br>Cheesy Scrambled Eggs<br>Corned Beef Hash<br>Toast<br>Milk<br>Coffee/Tea<br>Juice                                    | Hot Cereal<br>Mango Slices<br>Sausage, Egg & Cheese<br>Casserole<br>Salsa<br>Cube Hash Browns<br>Milk<br>Coffee/Tea<br>Juice            | Hot Cereal<br>Pineapple Tidbits<br>Scrambled Eggs<br>Sausage Patty<br>English Muffin<br>Milk<br>Coffee/Tea<br>Juice                                  | Hot Cereal<br>Scalloped Apples<br>Buttermilk Pancakes<br>Maple Chicken Sausage<br>Patty<br>Milk<br>Coffee/Tea<br>Juice                          | Hot Cereal<br>Sliced Banana<br>Cheesy Scrambled Eggs<br>Bacon<br>Muffin<br>Milk<br>Coffee/Tea<br>Juice   |
| Choice of Cold Cereal   | Choice of Cold Cereal  | Choice of Cold Cereal   | Choice of Cold Cereal   | Choice of Cold Cereal  | Choice of Cold Cereal   | Choice of Cold Cereal  |
| <b>Lunch</b>  |  |   |   |  |   |  |
| Vegetable Soup<br>Three Bean Salad<br>Salisbury Steak<br>Mashed Potatoes<br>Zucchini & Summer Squash<br>Dinner Roll<br>Assorted Dessert<br>Assorted Beverages | Bean & Bacon Soup<br>Red Beet Salad<br>Pineapple Glazed Ham<br>Au Gratin Potatoes<br>Roasted Cauliflower<br>Cherry Pie<br>Assorted Beverages | Minestrone Soup<br>Caesar Salad<br>Shrimp Fettuccine Alfredo<br>Seasoned Broccoli<br>Garlic Bread<br>Lemon Meringue Pie<br>Assorted Beverages | Tomato Basil Bisque<br>Italian Salad<br>Meatloaf<br>Roasted Zucchini<br>Seasoned Carrots<br>Chocolate Chip Cookie<br>Assorted Beverages | Broccoli Cheese Soup<br>House Salad<br>Honey Lemon Chicken<br>Mashed Potatoes<br>Seasoned Green Beans<br>Apple Crunch Cake                           | Potato Chowder<br>Creamy Cole Slaw<br>Fish Tacos<br>Seasoned Black Beans<br>Roasted Corn<br>Pineapple Upside Down<br>Cake<br>Assorted Beverages | Butternut Squash Soup<br>House Salad<br>Beef Chili w/ Tortilla Strips<br>Garnish- Sour Cream<br>Corn Muffin<br>Ice Cream<br>Assorted Beverages |
| <b>Dinner</b>   |  |   |   |  |   |  |
| Vegetable Soup<br>Grilled Turkey, Cheese Sand<br>Pickle Spear<br>Assorted Chips<br>Ice Cream<br>Assorted Beverages  | Bean & Bacon Soup<br>Individual Chicken Pot Pie<br>Chef Blend Vegetables<br>Dinner Roll with Butter<br>Apple Turnover<br>Assorted Beverages  | Minestrone Soup<br>Beef Burgundy<br>Parslied Noodles<br>Mixed Blend Vegetable<br>Dinner Roll<br>Coconut Pudding<br>Assorted Beverages         | Tomato Basil Bisque<br>Soft Shell Beef Taco<br>Garnish- Sour Cream<br>Spanish Rice<br>Cinnamon Churro<br>Assorted Beverages             | Broccoli Cheese Soup<br>Sweet & Sour Pork<br>Fried Rice<br>Asian Blend Vegetable<br>Garnish- Fortune Cookie<br>Vanilla Pudding<br>Assorted Beverages | Potato Chowder<br>Shepherd's Pie<br>Mixed Vegetable<br>Dinner Roll<br>Sugar Cookie<br>Assorted Beverages  | Butternut Squash Soup<br>Beef Hot Dog<br>French Fries<br>Pickle Spear<br>Cherry Cake<br>Assorted Beverages                                     |